

# UROLOGICAL MEDICAL GROUP OF NORTH ORANGE COUNTY

## *Adult and Pediatric Urology*

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## **SPACEOAR**

### ***INSTRUCTIONS BEFORE SPACEOAR***

1. Take the oral antibiotic pill 90 minutes before the test.
2. Please give yourself a **Fleet's enema 2-3 hours before your procedure**. The Fleet's enema may be purchased at any drug store. If the rectum is not stool-free, it may be necessary to reschedule the procedure.
3. **TELL THE DOCTOR IF YOU TAKE ASPIRIN, ANTI-INFLAMMATORIES,\* COUMADIN, PERSANTINE, PRADAXA, XARELTO, OR PLAVIX BECAUSE THESE DRUGS MUST BE STOPPED BEFORE PROCEDURE, IT IS ESSENTIAL TO BE OFF THESE MEDICATIONS FOR ONE WEEK PRIOR TO THE PROCEDURE.**
4. Please stop taking any vitamins, herbal supplements, or herbal teas 1 week prior to procedure.
5. All procedures and ultrasounds are performed in the **Yorba Linda office**.

### ***INSTRUCTIONS AFTER SPACEOAR***

1. If you have a fever of 100.6 degrees or greater following the procedure over the subsequent 3 or 4 days, please report this to the doctor IMMEDIATELY day or night.
2. You might see a small amount of blood at the beginning or end of urination. This is to be expected. Call if the bleeding is continuous or persistent.
3. No bicycle or motorcycle riding for 6 weeks.
4. Refrain from heavy lifting or strenuous activity (including golf) for 72 hours after the procedure.
5. NO intercourse for 72 hours after the procedure.

- Such as Motrin, ibuprofen, Aleve, Indocin, Clinoril, Naprosyn (Mobic and Celebrex are allowed).

