

UROLOGICAL MEDICAL GROUP OF NORTH ORANGE COUNTY

Adult and Pediatric Urology

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PROSTATE BIOPSY AND FIDUCIAL GOLD SEED INSTRUCTION SHEET

Instructions **BEFORE** Procedure:

1. Take the oral antibiotic pill 90 minutes before the test.
2. Please give yourself a Fleet's enema on the day of the procedure. The Fleet's enema may be purchased at any drugstore. If the rectum is not stool-free, it may be necessary to reschedule the procedure.
3. You must eat a regular diet the day of the procedure.
4. TELL THE DOCTOR IF YOU TAKE ASPIRIN, ANTI-INFLAMMATORIES, * COUMADIN (WARFARIN), PERSANTINE, OR PLAVIX BECAUSE THOSE DRUGS MUST BE STOPPED BEFORE THE PROCEDURE. IT IS ESSENTIAL TO BE OFF THESE MEDICINES FOR ONE WEEK PRIOR TO THE PROCEDURE.
5. Please stop taking any vitamins, herbal supplements, or herbal teas one week prior to procedure.
6. All procedures and ultrasounds are performed at the **Yorba Linda** office.

Instructions **AFTER** Procedure:

1. If you have any fever of 100.5F degrees or greater following the procedure over the subsequent few days, please report this to the doctor immediately day or night.
2. You might see a small amount of blood at the beginning or end of urination. This is to be expected. Call if the bleeding is continuous or persistent.
3. If you have rectal bleeding or bleeding with a bowel movement, please notify the doctor.
4. Refrain from heavy lifting or strenuous activity (including golf) for 72 hours after procedure.
5. No intercourse for 72 hours after the procedure.
6. Expect blood in the semen for at least 6 to 8 weeks after the procedure.

*such as Motrin, Ibuprofen, Aleve, Indocin, Clinoril, Naprosyn (Mobic and Celebrex are allowed)