

UROLOGICAL MEDICAL GROUP OF NORTH ORANGE COUNTY

Adult and Pediatric Urology

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PROSTATE BIOPSY / FIDUCIAL MARKERS INSTRUCTIONS

INSTRUCTIONS BEFORE PROCEDURE

1. Take the oral antibiotic pill 90 minutes before the test.
2. Please give yourself a **Fleet's enema 2-3 hours before your biopsy**. The Fleet's enema may be purchased at any drug store. If the rectum is not stool-free, it may be necessary to reschedule the procedure.
3. You **must** eat a regular diet the day of the procedure.
4. **TELL THE DOCTOR IF YOU TAKE ASPIRIN, ANTI-INFLAMMATORIES, * COUMADIN, PERSANTINE, PRADAXA, XARELTO, OR PLAVIX BECAUSE THESE DRUGS MUST BE STOPPED BEFORE BIOPSY, IT IS ESSENTIAL TO BE OFF THESE MEDICATIONS FOR ONE WEEK PRIOR TO THE BIOPSY.**
5. Please stop taking any vitamins, herbal supplements, or herbal teas 1 week prior to biopsy.
6. All biopsies and ultrasounds are performed in the **Yorba Linda office**.

INSTRUCTIONS AFTER BIOPSY

1. If you have a fever of 100.6 degrees or greater following the biopsy over the subsequent 3 or 4 days, please report this to the doctor IMMEDIATELY day or night.
2. You might see a small amount of blood at the beginning or end of urination. This is to be expected. Call if the bleeding is continuous or persistent.
3. If you have rectal bleeding or bleeding with a bowel movement, please notify the doctor.
4. Refrain from heavy lifting or strenuous activity (including golf) for 72 hours after the biopsy.
5. NO intercourse for 72 hours after the biopsy.
6. Expect blood in the semen for at least 6 to 8 weeks after the biopsy.

- Such as Motrin, ibuprofen, Aleve, Indocin, Clinoril, Naprosyn (Mobic and Celebrex are allowed).

